

BARNACLES

RESTAURANT & BAR BISTRO

STARTERS

OYSTERS 3 FOR 13 OR 6 FOR 19

served on ice, rhubarb ponzu &
bloody mary dressing

SMOKED HADDOCK & CHORIZO FISHCAKES 10.50
parsley velouté, pickled shallots (GF)

BUTTERMILK CHICKEN TENDERS 10
passionfruit & mango hot sauce,
pineapple salsa (GF)

HERITAGE TOMATO, PEACH & BURRATA SALAD 9.50
basil, chilli & dressed leaves (V/VEA)

MOULES MARINIÈRE 12
white wine, fresh herbs, garlic & cream,
crusty bread roll (GFA)

PAN-FRIED KING PRAWNS 12
teriyaki sauce, prawn crackers (DF/GFA)

SEAFOOD COCKTAIL 10.50
pickled cucumber, fennel & herb salad,
avocado

BUTTERMILK FRIED CALAMARI 10.50
wild garlic mayonnaise, crispy pancetta (GF)

HERB BAKED CAMEMBERT 11
pineapple & chilli jam, focaccia toast (GFA)

CHARRED PEPPERS & NECTARINE
BRUSCHETTA 10
crumbled feta & red pepper houmous (V)

BRAISED LAMB CROQUETTES 11
whipped goats curd, black garlic ketchup,
soused onion (GF)

BARNACLES SHARING BASKET FOR TWO 26.50

crispy calamari, teriyaki prawns, haddock &
chorizo fishcakes, wild garlic mayonnaise,
tartare sauce (GF)

MIDWEEK OFFER - 2 FOR £30

Offer applies to selected menu items - ask
staff for further details.

Available Mon - Fri at lunchtime
Mon - Thurs evenings between 6pm - 9pm

FROM THE GRILL

7OZ CENTRE CUT FILLET STEAK 38
skin on fries, peppercorn sauce,
watercress house salad (GF/DFA)

8OZ SIRLOIN STEAK 29.50
skin on fries, peppercorn sauce, watercress
house salad (GF/DFA)

MAKE IT'SURF AND TURF'

Add half a lobster coated in garlic
butter (GF) £25

FROM THE LOBSTER POT

GRILLED LOBSTER
half 29.50 / whole 54
garlic & herb butter, new potatoes,
sautéed green beans (GF)

BARNACLES LOBSTER THERMIDOR
half 32 / whole 56
mornay sauce, new potatoes,
sautéed green beans (GF)

SIDES

Marinated pitted olives (V/VE/GF) 5.50 Skin on fries (GF) 5.50
Basket of bread for ONE (GF/DFA) 1.25 Hand cut chips(DF/GF) 5.50
Garlic, herb and rosemary sourdough 6 House salad (GF) 5
(with cheese 6.50) Buttered new potatoes (GF) 5.50
Mixed seasonal vegetables (GF) 5.50

ALLERGEN KEY:

V = Vegetarian, **VE/A** = Vegan/Vegan alternative available,
GF = gluten free, **GFA** = gluten free available,
DF = dairy free, **DFA** = dairy free available

We recognise that some of our guests have specific dietary needs. Please ask a member of our team before ordering and they will be happy to advise you and answer any questions. We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. Although every care has been taken to remove all shell, shot and bones some small pieces may remain. An optional 10% service is added to tables in excess of 8 guests. All customer gratuities are shared out equally amongst all staff. On busy days food may be subject to a short wait and therefore we appreciate your patience and hope you appreciate our quality and efficient service.

DISCOVER OUR LUNCH MENU

Our **Lunch Light Bites Menu** is available
during lunch service, Monday to Saturday.
Ask staff to view menu.

MAINS

BEER BATTERED HADDOCK 19.50
garden peas, homestyle chips
& tartare sauce (GF)

PAN-FRIED TRIO OF FISH 33
sautéed greens, skin-on fries,
parsley velouté (GF)

CHAR SIU-GLAZED SALMON 30
potato terrine, asian-style vegetables
(GF/DF)

WAGYU BEEF BURGER 19.50
smoked applewood cheddar, streaky bacon,
chipotle mayonnaise, skin-on fries (GFA)

SPRING VEGETABLE ORZO PASTA 17.50
courgette, lovage & feta (V/VEA)

PAN-ROASTED LAMB RUMP 27.50
(**served pink**)
merguez sausage, carrot, potato terrine &
bordelaise sauce (contains nuts)

XO GLAZED ROAST MONKFISH TAIL 31
fondant potato, brassicas,
green chilli & buttermilk sauce

BARNACLES FISH PIE 19.50
topped with herb mash, served with market
vegetables (GF)

ROAST CHICKEN SUPREME 26.50
fondant potato, carrot textures,
chicken & smoked garlic jus

PRAWN & COURGETTE TAGLIATELLE 26
parmesan & pesto cream, fresh herbs
(contains nuts)

HARISSA ROASTED CAULIFLOWER WITH
SUN-DRIED TOMATOES IN RED PEPPER SAUCE 17
garlic roasted new potatoes & brassicas
(VA/VE/GF/DF/ contains nuts)

PAN-FRIED SEA BASS FILLETS 30
sautéed greens, skin-on fries, parsley
velouté (GF)

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Give us a follow



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est 1992

