

BARNACLES

RESTAURANT & BAR BISTRO

STARTERS

OYSTERS 3 FOR 13 OR 6 FOR 19

served on ice, rhubarb ponzu & bloody mary dressing

SMOKED HADDOCK & CHORIZO FISHCAKES 10
parsley velouté, pickled shallots (GF)

BUTTERMILK CHICKEN TENDERS 9.50
passionfruit & mango hot sauce, pineapple salsa (GF)

HERITAGE TOMATO, PEACH & BURRATA SALAD 9
basil, chilli & dressed leaves (V/VEA)

MOULES MARINIÈRE 11.50
white wine, fresh herbs, garlic & cream, crusty bread roll (GFA)

PAN-FRIED KING PRAWNS 11
teriyaki sauce, prawn crackers (DF/GFA)

SEAFOOD COCKTAIL 10
pickled cucumber, fennel & herb salad, avocado

BUTTERMILK FRIED CALAMARI 10
wild garlic mayonnaise, crispy pancetta (GF)

HERB BAKED CAMEMBERT 10.50
pineapple & chilli jam, focaccia toast (GFA)

CHARRED ASPARAGUS 9.50
crispy poached egg, chive hollandaise (V)

BRAISED LAMB CROQUETTES 10.50
whipped goats curd, black garlic ketchup, soused onion (GF)

BARNACLES SHARING BASKET FOR TWO 26.50

crispy calamari, teriyaki prawns, haddock & chorizo fishcakes, wild garlic mayonnaise, tartare sauce (GF)

MIDWEEK OFFER - 2 FOR £30

Offer applies to selected menu items - ask staff for further details.

Available Mon - Fri at lunchtime
Mon - Thurs evenings between 6pm - 9pm

FROM THE GRILL

70Z CENTRE CUT FILLET STEAK 38
skin on fries, peppercorn sauce, watercress house salad (GF/DFA)

80Z SIRLOIN STEAK 29.50
skin on fries, peppercorn sauce, watercress house salad (GF/DFA)

MAKE IT'SURF AND TURF'

Add half a lobster coated in garlic butter (GF) £23

FROM THE LOBSTER POT

GRILLED LOBSTER

half 29.50 / whole 53.50
garlic & herb butter, new potatoes, sautéed green beans (GF)

BARNACLES LOBSTER THERMIDOR

half 32 / whole 56
mornay sauce, new potatoes, sautéed green beans (GF)

SIDES

Marinated pitted olives (V/VE/GF) 5 Skin on fries (GF) 5.50
Basket of bread for ONE (GF/DFA) 1.25 Hand cut chips(DF/GF) 5.50
Garlic, herb and rosemary sourdough 6 House salad (GF) 4 (with cheese 6.50)
Mixed seasonal vegetables (GF) 5 Buttered new potatoes (GF) 5.50

ALLERGEN KEY:

V = Vegetarian, VE/A = Vegan/Vegan alternative available,
GF = gluten free, GFA = gluten free available,
DF = dairy free, DFA = dairy free available

We recognise that some of our guests have specific dietary needs. Please ask a member of our team before ordering and they will be happy to advise you and answer any questions. We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. Although every care has been taken to remove all shell, shot and bones some small pieces may remain. An optional 10% service is added to tables in excess of 8 guests. All customer gratuities are shared out equally amongst all staff. On busy days food may be subject to a short wait and therefore we appreciate your patience and hope you appreciate our quality and efficient service.

DISCOVER OUR LUNCH MENU

Our Lunch Light Bites Menu is available during lunch service, Monday to Saturday. Ask staff to view menu.

MAINS

BEER BATTERED HADDOCK 19.50
garden peas, homestyle chips & tartare sauce (GF)

PAN-FRIED TRIO OF FISH 32
sautéed greens, skin-on fries, parsley velouté (GF)

CHAR SIU-GLAZED SALMON 29.50
potato terrine, asian-style vegetables (GF/DF)

WAGYU BEEF BURGER 19.50
smoked applewood cheddar, streaky bacon, chipotle mayonnaise, skin-on fries (GFA)

SPRING VEGETABLE ORZO PASTA 17
courgette, lovage & feta (V/VEA)

PAN-ROASTED LAMB RUMP 26
(served pink)
potato terrine, courgette, pea & asparagus, lamb sauce (GF)

XO GLAZED ROAST MONKFISH TAIL 31
fondant potato, brassicas, green chilli & buttermilk sauce

BARNACLES FISH PIE 19.50
topped with herb mash, served with market vegetables (GF)

ROAST CHICKEN SUPREME 26
fondant potato, carrot textures, chicken & smoked garlic jus

PRAWN & COURGETTE TAGLIATELLE 25
parmesan & pesto cream, fresh herbs (contains nuts)

WHITE MISO GLAZED BROCCOLI 17
ajo blanco sauce, tempura vegetables, pickled shallot rings (VE/contains nuts)

PAN-FRIED SEA BASS FILLETS 30
crushed dill potatoes, braised fennel, orange butter sauce (GF)

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Give us a follow     



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est 1992

